

About

Dr. Rajesh Shah, M.D.(Hom.)
Dr. Rupal Shah, M.D.(Hom.)



Drs. Shah practice in Mumbai, India. They have studied homeopathy intensively for twenty years. They are internationally acclaimed physicians and teachers. Over the years they have conducted seminars and workshops for the practitioners and the students in

England, Holland, Belgium, Czech Republic, Greece, Sweden, U.S.A., Ireland, Croatia, Norway, Japan etc.

They are directors of *Homeopathy India Pvt. Ltd, Homeopathy India Foundation*, editors of *Homeopathy Times*. Dr. Rajesh Shah has authored *My Experiences with Ferrum Metallicum*, (1992), a research based publication. Dr. Shah couple has written a book *Lichen Planus and its Homeopathic Treatment* (2003). Another



publication is on its way titled *Urticaria and its Homeopathic Treatment*. Dr. Rajesh was an honorary visiting lecturer and physician at CMPH Medical College and Hospital, under Bombay University. He has contributed many scientific papers on homeopathy, published in various international journals. Dr. Rajesh has been featured in the *Limca Book of Records* for treating patients from 120+ countries.

Life Force Center:

One of the largest homeopathic centers, one of its kinds in the world, Life Force is run by Homoeopathy India Pvt. Ltd., the first ISO 9001:2000 certified global homeopathic center with an attached research wing. Life Force offers the best possible homeopathic treatment protocol to the global community. It is involved in global practice, scientific research, promotion and medical training to the doctors from all parts of the world.

**Research based
Homoeopathy**

Homeopathy Treatment by Post:

Many patients may not be able to visit our center in person; nor may they have an access to the internet to get treated online. Life Force offers treatment by post and over the phone. You may sign up by calling our clinic



and get a special questionnaire posted/e-mailed/faxed. Along with the reply to the questionnaire, it will help if you also send in the photos of the affected parts, for Dr Shah's evaluation. Your case may also be taken by one of our doctors over the phone. After that, Dr Shah will study your case and medicine will be sent to you by post, anywhere in the world.

Homeopathy Treatment On-line :



Homoeopathy India Foundation has pioneered a protocol of the Homeopathic Treatment On-line, since 1995. With constant interaction with our family of patients from 120+ countries, we have been able to design an effective method of treating patients from anywhere in the world, having minimized the limitation of distance.

The online protocol has worked for patients globally. Our services have reached to country-side homes in Europe to major metropolis, also to the towns of third world countries. From Zambia to Alaska, from China to Chile, hundreds of patients who consulted us over the Internet found homeopathy effective and they are now, working to promote homeopathy. Our patients are ambassadors of homeopathy.



Our online Support System:

The online treatment is supported by a team of professionals under care of Dr Rajesh Shah. Our patients all over the world have an easy access to our clinic by personal visit (Monday through Saturday), by e-mail (24/7), by live web chat from our web sites (11 hours per day, Monday through Saturday), by post, by toll free number (USA, Canada), Call back facility from most countries. Before starting the treatment as well as throughout the course of online treatment, you can communicate with Dr Shah and his team, for assistance and guidance.



Explore homeopathy through our websites



Our websites are also available in 7 international languages including: English, Hindi, Spanish, French, Japanese, Chinese and Arabic.

For more information, case studies, testimonials on Urticaria, please explore our web site devoted to this ailment: www.urticaria.com



General web sites

AskDrShah.com

e-homoeopathy.com

lifeorce.in

classicalhomoeopathy.com

Disease-specific web sites

AlopeciaAreata.us

AnxietyNeurosis.com

Asthma.net.in

AsthmaticBronchitis.com

AtopicDermatitis.us

CervicalSpondylitis.us

Chalazion.com

EczemaTreatment.us

e-Hepatitis-C.com

e-Psoriasis.com

Fissure-in-ano.com

FrequentColds.com

GERDtreatment.us

HairFalling.com

IrritableBowelSyndrome.us

LessPain.us

Leucoderma.com

LichenPlanus.com

MigraineTreatment.us

NephroticSyndrome.com

Prostatitis.com

SaveTonsils.com

Sleeplessness.us

Skin.ae

TrigeminalNeuralgia.us

UlcerativeColitis.us

UnderActiveThyroid.com

Urticaria.com



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Life Force Center

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Time: 9.00 a.m. to 8.00 p.m.

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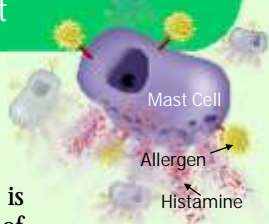
URTICARIA: Homeopathic Treatment



www.urticaria.com

Urticaria: Homeopathic Treatment

Urticaria, also known as hives or nettle rash is a skin rash resulting from allergic or non-allergic reaction. The skin rash is characterized by the development of wheals with intense itching and burning sensation.



Urticaria is a fairly common allergic problem and about 20% of the world population experiences it some time or the other in life.

This condition is characterised by the appearance of red, raised swellings or 'wheals' on the skin which can vary in size from tiny ones to those occupying large areas of the skin. These rashes generally tend to occur in crops and usually last a few hours after which they disappear without any trace. Sometimes the rashes appear in continuation-one appears soon after another subsides and thus they constantly persist in some patients. Urticaria rashes can occur on any part of the skin. When the rashes affect deeper tissues, the condition is known as 'angioedema' or 'giant urticaria'. Angioedema may lead to severe swelling of the lips, tissues around the eyes and occasionally of the respiratory organs leading to breathlessness.

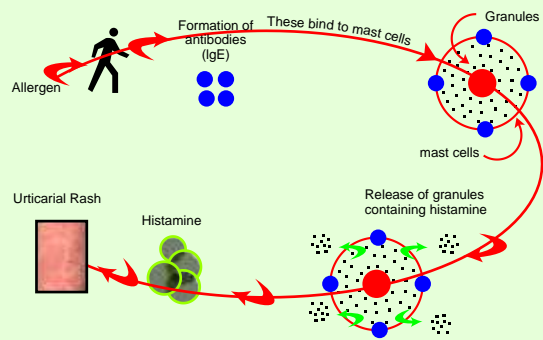
Types of urticaria:

Acute urticaria: Urticaria lasting up to 6 weeks is termed as acute urticaria.

Chronic urticaria: When the hives continue for more than six weeks, the condition is known as chronic urticaria. Urticaria can also be classified into the following types:

- Dermographism
- Contact urticaria
- Cold urticaria
- Cholinergic urticaria
- Delayed pressure urticaria
- Solar urticaria
- Aquagenic urticaria

What happens in urticaria?



Mechanism Behind Urticarial Rash

When an allergen enters the body, it stimulates the production of antibodies (protective cells in the body) which bind to special type of cells called 'Mast cells'. This process results in the release of granules containing Histamine from these 'Mast cells'. It is this particular substance 'Histamine' that results in the formation of the urticarial rashes. Histamine causes the leakage of the fluid from blood vessels into the tissue spaces and thus causes a typical rash to appear on the skin.

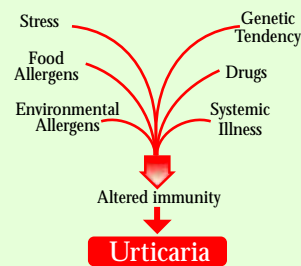
Understanding Urticaria:



An illustrative presentation on Understanding Urticaria has been developed by Life Force, which may be examined on the internet, at www.urticaria.com/flash.htm

Causes of Urticaria:

There are many factors that can trigger the onset of urticaria but the exact cause may not be evident in every case, especially in chronic cases. Common causes include:



- Food allergens: Milk, cheese, egg, protein products, wheat, cereals, peas, orange, fish, chicken, synthetic food additives, artificially flavoured food articles, etc
- Environmental factors: Pollen, house-dust, buffalo dander, fungi, change in temperature, extreme cold, heat, pressure, etc
- Drugs: Certain antibiotics (Penicillin), anti-inflammatory drugs (aspirin, indomethacin), vaccinations, foreign sera, hormonal preparations, contraceptive pills, etc.
- Infections and infestations: Insect bites, Fungal, protozoal, frequent bacterial infections (Urinary tract), viral infections (Hepatitis), helminthiasis (worm infestations such as round worms, tapeworms), etc.
- Synthetic products: Deodorant, perfume, talcum powder, some cosmetic products, etc
- Systemic illnesses: Hormonal disorders (e.g. hyperthyroidism), SLE, polycythaemia, reticuloses, etc.
- Emotional Stress

Chronic Urticaria:

Chronic urticaria is one of those conditions which have puzzled physicians from all over the world since the precipitating factor is not known in most of the cases. Acute urticaria is a common condition but for it to become chronic, it requires inherent susceptibility or hypersensitivity which is programmed genetically and maintained by exposure to allergens. Also, certain factors such as ongoing stress may support or aggravate the state of chronic urticaria. Homeopathy has very good scope in the treatment of chronic urticaria.

Homeopathic treatment of Urticaria:

Chronic urticaria is caused largely due to an altered immune process in the body, which is often genetically determined. Hence urticaria is an expression (at the skin level) of a deeper abnormality (at the immune level). Thus treatment with locally acting antihistamines or steroids is only a temporary and superficial measure and to cure the disease in totality, the treatment has to be targeted towards the root cause of the illness. Homeopathy works at the immune level and helps in restoring the deviated immunity back to normalcy.

Urticaria finds promising treatment with homeopathy. The homeopathic medicines are largely sourced from herbal extracts, minerals, refined chemicals, specially processed animal products, etc. The ultra minute doses of homeopathic medicines do not contain any of the original drug substance but only the therapeutic power, hence completely safe and non-toxic for all ages.

About Antihistamines and Steroids:

The use of antihistamines for an occasional urticarial rash may be justified. However, these are only temporary in their action. They effectively control the acute episode of urticaria but in the long run they have no significant role in reducing the recurrence of the rashes in cases of chronic urticaria. Similarly, steroids (cortisone) in any form (oral, systemic or local) are also not a wise option for treating urticaria. Steroids may initially produce dramatic results but this influence is quite superficial, as the eruptions usually relapse after stopping the steroids and they relapse more aggressively. In the long run, they have more of a suppressive role, hence they are better avoided.

Check your chances of curing Urticaria:

In order to check out the chances of cure of your Urticaria with homeopathy, you may conduct the test on the following link:

http://www.leucoderma.com/test_urticaria/register.asp



curability test for urticaria



Designed for urticaria patients by Dr. Rajesh Shah, which tells you the chances of curability.

Publication on Urticaria:

Dr Shah couple has published 'Urticaria and its Homeopathic Treatment' (2007) as a part of the 'Patient Education Series'. This book gives elaborate information in a simplistic manner, about the nature of this disease, its scope of treatment with Homeopathy, case studies, etc. All in all, this is a complete patient information guide on Urticaria.



Testimonials:



I have had good improvements after taking your medication. I was experiencing constant (almost daily) occurrence of hives over the past 10-12 years. The homeopathic medication provided has resulted in a vast change in my condition. The occurrences have been reduced considerably. My dependence on anti-histamines has been almost completely reversed. Thanks very much.

- C. M. J. P., Ontario, Canada

I have responded very well to the medication that I received for my hives. After about 6 weeks of treatment I no longer need to take Benadryl for my hives. Overall my outbreaks have improved very well. Thank you.

- K. R., MA, USA

I have had excellent results with your medicine and I would like to thank Dr Shah so much for this - I feel like I have my life back again. I am in control once more! Thank you very much.

- M. Moodley, Johannesburg, South Africa

I had this problem of urticaria for last 25 years and it used to keep coming every few years. I had tried anti-allergy medicines, synthetic diets, hypnotherapy, acupuncture, everything else but nothing helped me much in the long run. After taking Homeopathy for about 4 months my complaints have improved significantly. I am much better.

- Mary F. S, Twin Falls, USA.

For more testimonials, visit: www.urticaria.com/testimonials.htm