

Explore homeopathy through our websites



Research based
Homoeopathy



Our websites are also available in 7 international languages including: English, Hindi, Spanish, French, Japanese, Chinese and Arabic.

More information, case studies, testimonials on Lichen Planus, please explore our web site devoted to this ailment: www.lichenplanus.com

General web sites

askdrshah.com e-homoeopathy.com
classicalhomoeopathy.com lifeforce.in

Disease-specific web sites

alopeciaareata.us anxietyneurosis.com
asthma.net.in asthmaticbronchitis.com
atopicdermatitis.us cervicalspondylitis.us
chalazion.com eczematreatment.us
e-hepatitis-c.com e-psoriasis.com
fissure-in-ano.com frequentcolds.com
gerdtreatment.us hairfalling.com
irritablebowelsyndrome.us leucoderma.com
lesspain.us lichenplanus.com
migrainetreatment.us nephroticsyndrome.com
prostatitis.com savetonsils.com
skin.ae sleeplessness.us
trigeminalneuralgia.us ulcerativecolitis.us
underactivethyroid.com urticaria.com

LifeForce
H O M E O P A T H Y

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ISO 9001:2000 Certified
Homeopathic Clinic
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LICHEN PLANUS

Cure from within through Homeopathy



What is Lichen Planus?



Lichen Planus is a chronic, recurring inflammatory disorder in which small, itchy, pink, purple or brown spots appear on the skin, mouth (blisters), genitals, nails or two or more of them. Lichen Planus is non-infectious and non-contagious in nature and it affects about 1-2 %

of the world population. Women are more commonly affected as compared to men, the ratio being 3:2 and it is not rare to see this condition affecting children.

In Lichen Planus, well-defined, thickened, flat topped pink or purple lesions appear on the skin and these may be accompanied with intense itching. Lichen Planus usually leaves behind darkened discoloration of the skin in the affected areas. Oral and genital Lichen Planus can be quite painful and more difficult to treat. Lichen Planus, *per se*, is not cancerous; however, it is advisable to rule out malignancy by a biopsy, especially, in cases of oral Lichen Planus.

Spontaneous remission is common in cases of Lichen Planus of the skin in many cases. However, oral Lichen Planus cases rarely (6.5%) go into natural remission.

Causes of Lichen Planus:

The exact cause of Lichen Planus is not fully understood. Our study at Life Force, based on the evaluation of over 800 cases suggests its multi-factorial origin. There are some underlying causes and some triggering factors. Common causes include genetic tendency, environmental factors, stress, infection (viral Hepatitis C) and immunological (autoimmune) factors. Its connection with liver disease is not yet well explained. Some inherited forms can be quite severe and can run a protracted course. Drugs such as painkillers (NSAIDs) and anti-hypertensives are known to trigger Lichen Planus. Amalgamated dental fillings can trigger oral Lichen Planus in some patients.

Recent studies are showing involvement of cell-mediated immune response, T-lymphocytes and Cytokines

(interleukin 8, interleukin 10, TNF- α), etc. in the etiological process of Lichen Planus

Which parts can be affected by Lichen Planus?

It can affect skin (legs, arms, back, or any skin anywhere on the body), mouth (buccal mucosa, tongue, palate, gums), genitals, scalp and nails. Lichen Planus of the skin alone is easier to treat than those cases where mouth or other areas are also affected.

Homeopathy treatment for Lichen Planus:



Lichen Planus is caused largely due to an auto immune process in the body, which is often genetically determined. Hence Lichen Planus is an expression (at the skin level) of a deeper abnormality (at the immune level). Thus treatment with local creams or ointments is only a temporary and superficial

measure and to cure the disease in totality, the treatment has to be targeted towards the root cause of the illness. Homeopathy helps in restoring the deviated immunity back to normalcy.

For homeopathic treatment, various aspects of the patient's lifestyle, food-habits, emotional make-up, personal and the family history are evaluated appropriately to decide on the correct medication. As the entire constitution (physical and mental) of the patient is studied in a systematic manner, the homeopathic treatment is called as the 'constitutional treatment'.

The homeopathic medicines are largely sourced from herbal extracts, minerals, refined chemicals, specially processed animal products, etc. The ultra minute doses of homeopathic medicines do not contain any of the original drug substance but only the therapeutic power, hence completely safe and non-toxic for all ages.

Some of the commonly used homeopathic medicines are Natrum muriaticum, Staphysagria, Kali carbonicum, Silica, Lycopodium clavatum, Sulphur, Carcininum, Sepia, etc.



Before treatment



After treatment



Before treatment

*Unaltered pictures from our center

The exact modus operandi of the homeopathic medicine is not adequately understood. However, they are believed to be working as immunomodulators hence enhancing body's inherent healing processes.

Why homeopathy for Lichen Planus?

- ✓ It works positively
- ✓ Deeper level healing
- ✓ Long lasting or permanent cure
- ✓ Safe

Say 'No' to steroids:

The conventional treatment offers steroids in various forms for treating Lichen Planus. Our experience strongly suggests that steroids do more harm than good. Following are some observations based on a statistical study of over 800 cases of Lichen Planus at our center, who were earlier treated with steroids:

- Steroids help Lichen Planus only temporarily and their stoppage leads to a relapse of the lesions
- This relapse tends to be more complex and difficult to treat
- Steroids put you in a vicious cycle of dependency

Hence it is advisable to avoid steroids during any stage of Lichen Planus. Please read a write up on this subject on our website.

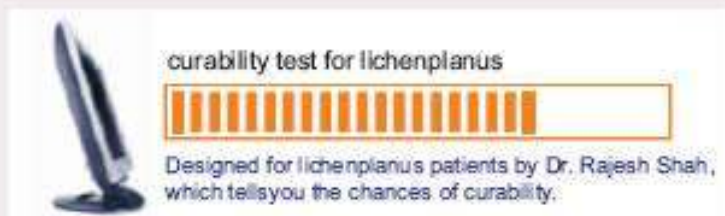
How much time does homeopathic treatment take to cure Lichen Planus?

Depending on the duration of the disease, cause, severity and its governing factors, it may take about 1 to 3 months to see appreciable changes and about 4 to 18 months to cure it. Some cases may take longer.

Lichen Planus curability assessment test:

In order to check out the chances of cure of your Lichen Planus with homeopathy, you may conduct the test on the following link:

http://www.leucoderma.com/test_lichenplanus/register.asp



curability test for lichenplanus

Designed for lichenplanus patients by Dr. Rajesh Shah, which tells you the chances of curability.

Testimonials:

Just wanted to let you know that I am really noticing that my Lichen Planus is clearing up after only a few days of

Homeopathic treatment! This is unbelievable since I've been trying to treat this with no results for last 5 years. It's like a miracle. Thank you so much!

- Kelli Fusaro, PA, USA

My Lichen Planus lesions in the mouth seem to be in remission. I used to have frequent flare-ups and I used to have much pain and the lesions used to bleed a lot. For the last three months I did not experience any flare-up. My overall health is in good condition for my age. I do exercise regularly 3-4 days a week. I stay busy with my pediatric consulting work 4 days a week. I also do not have any problem or significant amount of stress in my life.

-Dr. A. M., Scotland, UK

I am doing great at this moment, the Lichen Planus lesions in my mouth are gone with only little scar and I am able to eat very well. I am very impressed on how the medicines work!

- Patricia Lake, St. Kittis, USA

I was suffering from Lichen Planus since long back. I started Homeopathy treatment under your guidance from July 2001. Now I feel that disease is fully cured. Not a single spot of Lichen Planus is present on the body since 2-3 months. I'm glad I opted for Homeopathic treatment.

- S. S. Chauhan, Ghaziabad, U.P, India

For more testimonials, visit: www.lichenplanus.com/testimonials.htm



ment After treatment



Before treatment



After treatment



Before treatment



After treatment

For more case photos, visit: www.lichenplanus.com/casephoto.htm

About

Dr. Rajesh Shah, M. D. (Hom.)

Dr. Rupal Shah, M. D. (Hom.)



Drs. Shah practice in Mumbai, India. They have studied homeopathy intensively for twenty years. They are internationally acclaimed physicians and teachers. Over the years they have conducted seminars and workshops for the practitioners and the students in England, Holland, Belgium, Czech Republic, Greece, Sweden, U.S.A., Ireland, Croatia, Norway, Japan etc.

They are directors of Homeopathy India Pvt. Ltd, Homeopathy India Foundation, editors of Homeopathy Times. Dr. Rajesh Shah has authored *My Experiences with Ferrum Metallicum*, (1992), a research based publication. Dr. Shah couple has written a book *Lichen Planus and its Homeopathic Treatment* (2003). Another publication is on its way titled *Urticaria and its Homeopathic Treatment*. Dr. Rajesh was an honorary visiting lecturer and physician at CMPH Medical College and Hospital, under Bombay University. He has contributed many scientific papers on homeopathy, published in various international journals. Dr. Rajesh has been featured in the Limca Book of Records for treating patients from 120+ countries.

Publication on Lichen Planus:

Drs Shah have written an informative booklet, titled *Lichen Planus and its Homeopathic Treatment*, which may be purchased from our center or ordered online, at <http://www.lichenplanus.com>



Life Force Center:

One of the largest homeopathic centers, one of its kinds in the world, Life Force is run by Homeopathy India Pvt. Ltd., the first ISO 9001:2000 certified global homeopathic center with an attached research wing. Life Force offers the best possible homeopathic treatment protocol to the global community. It is involved in global practice, scientific research, promotion and medical training to the doctors from all parts of the world.

Homeopathy Treatment by Post:

Many patients may not be able to visit our center in person; nor they may have an access to the internet to get treated online. Life Force offers treatment by post and over the phone. You may sign up by calling our clinic and get a special questionnaire posted/e-mailed/faxed. It will help if you also send in the photos of the affected parts and a biopsy report (if done), for Dr Shah's evaluation. Your case may also be taken by one of our doctors over the phone. After that, Dr Shah will study your case and medicine will be sent to you by post, anywhere in the world.



Homeopathy Treatment On-line

Homeopathy India Foundation has pioneered a protocol of the Homeopathic Treatment On-line, since 1995. With constant interaction with our family of patients from 120+ countries, we have been able to design an effective method of treating patients from anywhere in the world, having minimized the limitation of distance.



Our online Support System:

The online treatment is supported by a team of professionals under care of Dr Rajesh Shah. Our patients all over the world have an easy access to our clinic by personal visit (Monday through Saturday), by e-mail (24/7), by live web chat from our web sites (11 hours per day, Monday through Saturday), by post, by toll free number (USA, Canada), Call back facility from most countries. Before starting the treatment as well as through out the course of online treatment, you can communicate with Dr Shah and his team, for assistance and guidance.

